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| **FOOD****Tinned fruit****Tinned rice pudding****Tinned custard****Tinned sponge puddings****Tinned tomatoes****Dried milk powder****Tinned spaghetti****Tinned vegetables****Tinned meat & fish****Savoury snacks****Bars of chocolate****Instant Coffee (4oz/8oz)****Jars of pasta sauce****Long-life milk****Long-life fruit juice** | **S****H****O****P****P****I****N****G****L****I****S****T** | **TOILETRIES****Bars of soap****Shampoo****Toothbrushes****Toothpaste****Sanitary towels****Toilet paper****CLEANING****Washing Up Liquid****Laundry Powder** |